OUR VISION:



Grassroot Meats is a just, environmentally sustainable and economically viable business providing great tasting pasture raised meat and other farm products. We are raising our family on our land and see our farm as an expression of our faith in God. Our customers are also our neighbors.



Grassroot Meats

The Fouse Family 3821 Rector Road Lowville, NY 13667

Phone: 315-523-5003 grassrootmeats@yahoo.com grassrootmeats.com







GRASSROOT MEATS

Grass Finished Beef and Lamb

Pasture Raised Pork and Chicken

No Antibiotics or **Hormones**



"Green Pasture Makes Good Meat for Quality Folks"



PASTURE RAISED CHICKEN

\$14/bird Whole or Quartered

\$11 for 2 chicken breasts Avg 1-2 lbs

\$14 for 12 wings or drumsticks \$11 for 4 thighs

EGGS

\$3.50/dozen

GRASS FINISHED LAMB

Ground \$15.50/lb Chops \$16.50/lb Leg \$16.50/lb Stew: \$15.50/lb Crown Roast \$16.50/lb

Back to the Basics

Brat Brine 8 oz \$12.00 each
Everything Bagel Seasoning 8 oz \$12.00 each
Tug Hill Dry Rub Seasoning 8 oz \$12.00 each
Free Range Chicken Stock 12 oz \$8.00 each
Homemade Pork Lard \$8.00 per pint

GRASS FINISHED BEEF

Ground \$7.50/lb
Stew: \$6.50/lb
Jerked Burger Patties \$7.75/lb
Roast \$6.50/lb
Ribeye \$12.50/lb
T Bone/Porterhouse/Filet Mignon \$16.50/lb
Delmonico \$17.50/lb
Brisket \$7.50/lb
Sirloin Steak \$9.50/lb
NY Strip \$10.50/lb
Bones \$3/lb
Cross Cut Shanks \$3/lb

BEEF FAMILY PACKAGE

50 lbs meat @\$7.25/lb = \$362.50

20 lbs ground 5 lbs stew 5 lbs Ribeye steak 5 lbs jerked beef patties 5 lbs filet mignon, NY strip, or sirloin steak 10 lbs roast

Specialty Packages, Like 1/2 and Whole Hogs & Beef May Be Available Upon Request





PASTURE RAISED PORK

Ground \$6.50/lb
Spare Ribs \$6.25/lb
Roast \$6.25/lb
Breakfast Links \$6.25/lb
Bacon \$7.50/lb
Bone-in Chops \$8.50/lb
Cube Steak \$6.50/lb
Jerked Pork Burgers \$6.75/lb
Cutlets/Minute Steak \$6.50/lb

PASTURE RAISED PORK SAUSAGES

Chorizo Grillers \$6.50/lb
Sweet Italian Grillers \$6.50/lb
Hot Italian Grillers \$6.50/lb
Garlic Grillers \$6.50/lb
Cajun Bulk \$6.50/lb
Breakfast Bulk \$6.50/lb
Breakfast Patties \$6.50/lb
Maple Breakfast Link \$6.50/lb

PORK FAMILY PACKAGE

50 lbs meat @\$6.25/lb = \$312.50 15 lbs Link, Patty, or Bulk Sausage 5 lbs Spare Ribs 5 lbs Roast 10 lbs Chops 10 lbs Bacon 5 lbs Ground (can substitute other cuts on list)